



Spring 2025 Internship Opportunities

CHHS has two Spring 2025 internship opportunities. The Center continues to offer opportunities for students to be engaged in community and professional settings where they may practice their skills and gain experience with a variety of audiences and public health programming as part of internship experiences offered.

Students are encouraged to visit the CHHS website at www.mtsu.edu/chhs to download and complete an application packet. Completed packets should be submitted to Dr. Cynthia Chafin, M.Ed., MCHES®, NBC-HWC at Cynthia.chafin@Mtsu.edu for consideration. Students should indicate on the application which project is of interest.

Internship Project #1 - Project Diabetes Marketing and Promotion

Project Description: This intern will support the MTSU Project Diabetes staff in marketing and promotion of the *Blue Raiders Drink Up* (BRDU) program. The student will assist program coordinator on development of innovative marketing materials to be displayed on campus and across various social media platforms. The student will also assist in the development of a 3-year project report and/or poster, help create project specific handouts and educational packets, participate in pertinent meetings, calls and other communications with faculty and staff. The student will assist student ambassadors in on-campus tabling events and will have the opportunity to create their own event. Lastly, the student will assist program coordinator in grant reporting and get an inside perspective on grant logistics.

The Center will offer opportunities for interns to be engaged in community and professional settings, when possible, where they may practice their skills and gain experience with a variety of audiences and public health programming as part of this internship experience.

Responsibilities under supervision of CHHS staff may include:

- Assist with development of innovative marketing and promotional materials.
- Create educational materials for BRDU staff to use in events.
- Assist in development of project incentives.
- Participate in meetings, calls, and other communications with other departments, faculty, staff, and community partners pertinent to grant and project activities.
- Assist with grant reporting and tracking for existing grants and projects.
- Participate in identified activities of existing grants and projects based on needs of the center and student areas of interest.
- Completing weekly progress reports for CHHS as well as those of the sponsoring academic department.

Requirements:

- The student should be currently enrolled or be a recent graduate.
- Individuals applying for this internship should be willing to commit a total of 360-400 hours to this internship over a semester.
- Ideal candidates will be proficient in all Microsoft Office applications, have the ability to follow instructions, and be willing to engage with members of the campus community as well as community partners.
- Should be energetic, enthusiastic, organized and possess excellent verbal and written communication skills.
- Able to work in a team environment as well as independently with minimal supervision when needed.
- Access to a car is preferable with travel mainly in the local Murfreesboro and Nashville area;
 ability to travel on a limited basis throughout other parts of the state is a plus but not required.
- An interest in health marketing and promotion is preferred.

• Knowledge on Canva or other design platforms is preferred.

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Internship Project #2 – Safe Stars – Data Collection and Reporting/Social Media and Educational Materials Development

Project Description: This intern will support the work being implemented as part of the MTSU CHHS Safe Stars project. Safe Stars is a collaboration between the Tennessee Department of Health and the Vanderbilt Youth Sports Health Center. The Safe Stars Initiative recognizes youth sports leagues throughout Tennessee for providing the highest level of safety for their young athletes. Safe Stars consists of three levels: Gold, Silver, and Bronze, and involves implementation of policies around topics such as concussion education, weather safety and injury prevention. This intern will work with the MTSU RCORP team to assist with the development of a social media campaign for the Safe Stars initiative as well as assist with data collection for assessment of the program.

The Center will offer opportunities for interns to be engaged in community and professional settings when possible specific to Safe Stars and other CHHS projects, where they may practice their skills and gain experience with a variety of audiences and public health programming as part of this internship experience.

Responsibilities under supervision of CHHS staff may include:

- Assist with data collection and reporting efforts.
- Research and learn more about sports injury prevention.
- Research best practices for social media.
- Develop a social media calendar and posts/infographics for a multi-year campaign focusing on Safe Stars and sports injury prevention.
- Identify with support from the CHHS team areas of interest to include in fact sheets specific to Safe Stars and sports injury prevention.
- Assist in development of content for fact sheets to be used by TDH with current and prospective Safe Stars organizations.
- Participate with preceptor and/or CHHS staff in meetings, calls, and other communications with other departments, faculty, staff, community partners, and funders pertinent to project activities.
- Completing weekly progress reports for CHHS as well as those of the sponsoring academic department.
- Participate in monthly CHHS team meetings.

Requirements:

- The student should be currently enrolled or be a recent graduate.
- Individuals applying for this internship should be willing to commit a total of 360-400 hours to this internship over a semester for undergraduates, or 180 hours for graduate students.
- Ideal candidates will be proficient in all Microsoft Office applications, have the ability to follow instructions, and be willing to engage with the CHHS team, members of the campus community, community partners, and funders.

- Should be energetic, enthusiastic, organized and possess excellent verbal and written communication skills.
- Able to work in a team environment as well as independently with minimal supervision when needed.
- Knowledge of Canva, Venngage or other design platforms is preferred.

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