

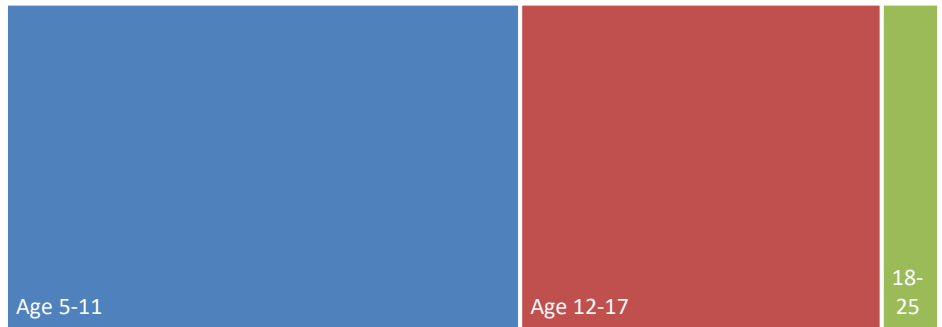
Graceful Gems

Graceful Gems Mid-Year Report

To date, Graceful Gems has engaged with **49** unduplicated young ladies participating in prevention programming as part of their weekend and pilot after-school enrichment activities.

After-school implementation is set to begin January for the spring semester.

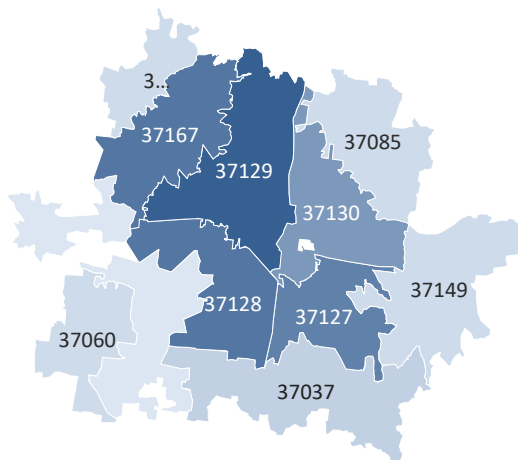
Participant Ages



Positive Childhood Experiences (PCEs) like strong friendships, community belonging, and feeling safe with a caring adult significantly lower risk for Substance Use Disorder (SUD) or Opioid Use Disorder (OUD) by building resilience and acting as buffers against Adverse Childhood Experiences (ACEs).

Graceful Gems provided nearly 50 hours of mentorship to the young ladies enrolled in the program

Enrollment by Zip Code

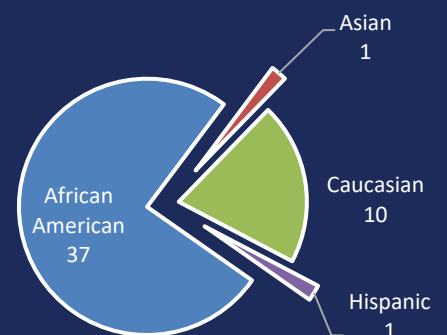


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18% of participants come from the Smyrna zip codes, with 57% being from 37127-37129.

Afterschool participants primarily come from 37130.

Racial & Ethnic Demographics



75% of young women identified as African American.

Graceful Gems

Building Resilience

Grandmother Pauline has primary custody of her grandchildren due to parental involvement in SUD/ODU and state intervention.

Pauline's 6 young granddaughters have been enrolled in Graceful Gems for 3 years. Their self-confidence, sense of belonging, and emotional regulation have improved. As an SUD prevention program, the young ladies are taught the consequences of choices (good & bad) and how to make healthy choices. In short, these ladies are building a resilient foundation for their future with Graceful Gems.

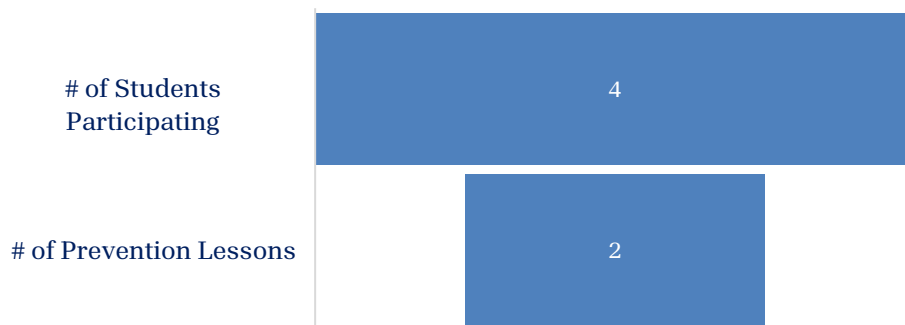
Parental substance use and incarceration represent significant adverse childhood experiences that can dramatically impact a child's mental wellbeing and behavior. Positive Childhood Experiences are vital to mitigating ACEs.

Graceful Gems conducts monthly weekend enrichment activities for their participants. At these events, the young ladies are given etiquette instruction, artistic expression activities (IE: painting, crafts, dance, etc.) a meal and prevention lessons appropriate for their grade level.

So far, Graceful Gems served 40 ladies in Q1 and 44 in Q2 at the weekend enrichment activities.

These ladies experienced 48 hours of mentorship through volunteer efforts, representing investments of positive childhood experiences and positive adult relationships.

After-School Program Pilot



Participants demonstrated knowledge retention of the Elementary Prevention Curriculum with an average 80% correct answer score.

After-School Programming Update:

Implementation of this activity faced challenges in Q1& Q2 with access changes within the participating school system.

These challenges have been addressed and the program is ready for school-wide implementation for the spring semester of the 25-26 school year.

Data collection will include school attendance tracking & academic performance.